

<b>School Menu for August 2010</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
	Parmesan Potato Wedges, With a Vegetable of the Day, Salad, Fresh Fruit & 2% Milk	Falafel, With Pita, Hummus, Israeli Salad, Fresh Fruit and 2% Milk	BBQ Day - Meat or veggie Hot Dog, With Chili or BBQ Baked Beans (alternating), Salad, Fresh Fruit & Juice	Pasta Marinara, With a Vegetable of the Day, Garlic or Sourdough Baguette (alternating), Salad, Dessert & 2% Milk	Egg Salad Sandwich, With Potato Chips, Green Salad, Fresh Fruit and 2% Milk	
<b>29</b>	<b>30</b>	<b>31</b>				
	Burritos, With a Choice of: Refried Beans, Spanish Rice, Cheese, Salsa Fresca, Sour Cream, Salad, Fresh Fruit	Indonesian Rice & Fried Tofu, With Asian Style Salad Bar a Dessert, & 2% Milk				

<i>School Menu for September 2010</i>						
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			BBQ Day - Meat or Veggie Burgers, With a Selection of Toppings, Baked Potato Wedges, Salad, Fresh Fruit & Juice	Pesto Pasta, With Salad, Fluffy Biscuit, a Dessert, 2% Milk		
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	Baked Potato, With a Selection of Toppings, Salad, Fresh Fruit & 2% Milk	Cheese Borekas, With Israeli Couscous, Tomato Salad, Fresh Fruit & 2% Milk	French Bread Pizza, Salad Bar, Fresh Fruit and 2% Milk	Ricotta Lasagna, With Vegetable of the Day, Salad, Garlic or Sourdough Baguette, Fresh Fruit, & 2% Milk		
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	Corn Tacos with "Meat Crumbles", With Refried Beans, Spanish Rice, Fresh Salsa, Sour Cream, Salad, Fresh Fruit & 2% Milk	Falafel, Pita, Hummus, Israeli Salad, Fresh Fruit and 2% Milk	BBQ Day - Meat or Veggie Hot Dog, With Chili or BBQ Baked Beans (alternating), Salad, Fresh Fruit & Juice			
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
	Vegetarian Chili, With Grated Cheese , Brown Rice, Cornbread, Salad, Fresh Fruit, & 2% Milk	Fish Sticks, Vegetable of the Day, Mashed Potatos, Salad, Fresh Fruit, & 2% Milk	BBQ Day - Meat or Veggie Burger, With a Selection of Toppings, Baked Potato Wedges, Salad, Fresh Fruit & Juice			

<i>School Menu for October 2010</i>						
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	Parmesan Potato Wedges With a Vegetable of the Day, Salad, Fresh Fruit & 2% Milk	Zuccanoes Stuffed Zucchini with Rice and Cheese, Salad Bar, Fresh Fruit, & 2% Milk	Pita Pizza, Salad Bar, Fresh Fruit, & 2% Milk	Mac & Cheese With Vegetable of the day, Garlic or Sourdough Baguette (alternating), Salad, Fresh Fruit, & 2% Milk		
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	Breakfast Burrito for Lunch With a choice of: Scrambled Eggs and/or Cheese. Tater Tots, Salad, Fresh Fruit and 2% Milk	Corn Pancakes, Quinoa with Roasted Veggies, Sour cream, Salad a Dessert & 2% Milk	BBQ Day - Meat Hot Dog or Veggie Dog With Chili or BBQ Baked Beans (alternating), Salad, Fresh Fruit & Juice	Spaghetti Bolognese "Meat Crumbles", With a Vegetable of the Day, Salad, Fluffy Biscuit, Fresh Fruit, & 2% Milk	Quesadilla With Spanish Rice, Refried Beans, Fresh Salsa, Sour Cream, Salad, Fresh Fruit, & 2% Milk	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	Shepherd's Pie "Meat Crumbles" With Corn & Mashed Potatoes, Vegetable of the Day, Salad, Fresh Fruit, & 2% Milk	Falafel With Corn & Mashed Potatoes, Vegetable of the Day, Salad, Fresh Fruit, & 2% Milk	BBQ Day - Meat Burgers or Veggie Hamburger, With a Selection of Toppings, Baked Potato Wedges, Salad, Fresh Fruit & Juice	Sun Dried Tomato Pesto, With a Salad Bar, Garlic or Sourdough Baguette, Fresh Fruit, & 2% Milk		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	Tofu Nuggets, With a Salad Bar, Garlic or Sourdough Baguette, Fresh Fruit, & 2% Milk	Shakshouka, Eggs cooked in tomato sauce, Pita Bread, Couscous, Salad, a Dessert, & 2% Milk	Bagel Pizza With Salad Bar and Fresh Fruit, & 2% Milk	Three Cheese Cannelloni, With a Fluffy Biscuit, Salad Bar, Fresh Fruit, & 2% Milk	Matzo Ball Soup, With Green Salad, Banana Bread, & 2% Milk	
<b>31</b>						