

Judo The International Art

Tuesday: 3:30-4:30 p.m.

Grades: K-6

Cost: \$149 (Checks payable to TDS) Uniforms are \$60- Please make checks payable to Hanabi - Albany Judo

Class Size: 5 – 20

Location: TBA

12 class meetings: Feb. 14, 21, 28, Mar. 6, 13, 20, 27, Apr. 3, 17, 24 May, 1, 8

Registration Deadline: Wednesday, February 8, 2012 (Late processing fee is \$12.00)

Safety, Self-Defense, and FUN! Our active class will have us rolling and wrestling as we develop discipline, coordination and confidence. We learn to fall safely and move on to grappling before...throwing Sensei! Japanese games, songs, language and culture are an integral part of the experience as well as, of course, respect. Discipline is emphasized along with fun.

Judo is very safe, yet very effective. We teach controlling an opponent without injuring – there is no hitting or kicking. It is one the world's – and Israel's – most popular martial arts (Most of Israel's Olympic medals have been in judo).

Instructor: Sensei Dan Augustine is a 5th degree black and a father of three who has taught in New York, Tokyo and Berkeley. He holds a Master's Degree in Education and speaks Japanese and Spanish. He began learning judo with his father at the Albany YMCA in 1970. He opened Hanabi Judo in Albany in 2011, which he runs with his two sons and an extended judo family of about 20 black belts and 125 members. Dan won the US Sr. National Championship in 1984 and was the alternate to the 1988 Olympics.

Contact: For more information please contact Dan Augustine at Hanabi Judo: 510-530-8312; by cell at 415-971-0885; or by email at dan@hanabijudo.com. You can also find more about us at: www.hanabijudo.com

The registration form is below.

-----Please cut and attach with paper clip to front of check-----

Enrichment Class _____ Instructor _____ Day: M T W TH F Cost: \$ _____

Name of Student _____ Grade _____

Name of Parent/Guardian _____ Home Phone # _____

E-mail _____ Emergency Phone # (or if class meeting is cancelled) _____

Please check if your child normally takes the **3:30 Tehiyah School Bus** on the day of the class:

If yes, please check if you want your child to resume riding the 3:30 Tehiyah School bus once the 8-12 week session is completed:

Please check if you want your child to ride the 5:10 school bus for the duration of the class: